



Sun Protection Policy

Every Child Matters								
Be Healthy	✓	Stay Safe	✓	Enjoy and Achieve	✓	Make a Positive Contribution		Achieve Economic Well-Being

Policy Statement of intent:

Children are encouraged to access the well-resourced outdoor play spaces as much as possible, but during the summer months we are aware of the need to protect them from the harmful rays of the sun. We have therefore developed this policy.

Aim:

At Yaxley & Mellis Pre-School we want all children and staff to enjoy spending time outside safely without the risk of the harmful effects of the sun. We aim to have several outdoor play sessions everyday throughout the year as well as having outside activities freely available to the children. By taking what measures we can to protect the children in our care from the harmful effects of the sun we can help reduce the risk of skin cancer in later life caused by UV radiation.



Objectives:

- To ensure children have access to shade throughout the day.
- To ensure an effective sun cream is applied regularly throughout the day.
- To ensure children wear appropriate clothing during the summer.
- To work with parents/carers, children and staff to achieve protection from the sun.

Guidelines for Implementation:

- During their time at the pre-school the children will be taught appropriately about the need for sun cream and the importance of it through discussion and topics.
- It is our policy that all children must wear a hat and sunscreen regardless of skin colouring during the summer months.
- Parents / carers will be asked to provide a sun hat for their child, to offer additional protection in the sun. Spare hats are available for children who have forgotten their own. Hats should protect the face, neck, ears and crown of the head to help prevent damage to the skin from the sun. Hats should be labelled and kept in the children's trays or on their pegs. (Unnamed hats may be found in the lobby)
- Staff should also wear hats to protect themselves and to be a positive role model for children.
- It is requested that all children arrive already wearing sun-screen during the summer months. Sun cream should be applied to all exposed parts of the body at least 15 minutes before going out in the sun. Remembering the ears, shoulders, necks, noses and tops of feet.
- Factor 30 sunscreen is provided at pre-school. If a child has a known allergy we request that each parent provides us with a bottle of factor 30 or higher sun screen for their child, clearly labelled

with the child's name. These should be handed to your child's Key person. Parental permission is requested on our admission's form to apply this sun-screen to the child before afternoon outdoor activities, to provide continual protection throughout the day.

- Staff will also be encouraged to apply sun cream to protect themselves and to provide a positive role model for children.
- Parents/carers will be asked to provide appropriate clothing for their child and during the hotter weather children should be dressed in loose clothing that is of a close weave fabric.
- If children are playing in the water then the sun cream will wash off and will need to be re-applied once they have been dried.
- Parents/carers of children, who have a medical reason which prevents them from wearing sun screen, will be asked to provide a suitable alternative.
- Staff will discuss regularly how to keep children safe in the sun and our routines will be regularly evaluated.
- When hot weather is forecast, we will re-arrange our timetable to enable outside play activities to occur earlier in the day - enabling the children to access the outdoor space during the cooler times of the day when the sun's rays are less powerful. Outdoor play will be in shaded areas where possible with staff moving equipment as deemed necessary to achieve this.
- Water will always be readily available to the children throughout the year, but in the warmer months we place greater emphasis on the children having a regular fluid intake, as small children can dehydrate very quickly